

# **The Sober Truth: Debunking The Bad Science Behind 12-Step Programs And The Rehab Industry By Lance Dodes, Zachary Dodes**



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### **Lance m. dodes, m.d. - welcome**

In 2014, I co-authored The Sober Truth: Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry. We looked at all the major studies about

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